

## -ING examples

Accepting	Boasting	Commanding	Declaring	Disrupting	Entrusting	Flourishing
Achieving	Boiling	Commenting	Declining	Dissolving	Envisioning	Flowing
Aching	Bombing	Committing	Decorating	Distinguishing	Equipping	Fluctuating
Acting	Bonding	Communicating	Decreasing	Distorting	Escaping	Fluttering
Adding	Booking	Comparing	Defending	Distraction	Escorting	Flying
Admiring	Boring	Competing	Deferring	Distributing	Establishing	Focusing
Adopting	Borrowing	Compiling	Defining	Disturbing	Estimating	Folding
Advising	Bouncing	Complaining	Defying	Diving	Evaluating	Following
Affording	Bowing	Completing	Degrading	Diverting	Evaporating	Forbidding
Agreeing	Boxing	Composing	Delaying	Dividing	Evolving	Forcing
Alerting	Braking	Compressing	Delegating	Documenting	Exaggerating	Forecasting
Allowing	Branching	Computing	Delighting	Dodging	Examining	Forgetting
Amazing	Branding	Concealing	Delivering	Dominating	Exceeding	Forgiving
Analyzing	Breaking	Concentrating	Demanding	Donating	Exchanging	Forming
Announcing	Breathing	Concluding	Demolishing	Doubting	Excelling	Formulating
Answering	Breeding	Conducting	Demonstrating	Downloading	Exclaiming	Forwarding
Anticipating	Briefing	Confessing	Denying	Dragging	Excluding	Fostering
Appealing	Bringing	Confiding	Departing	Drawing	Exercising	Founding
Appearing	Broadcasting	Confirming	Depending	Dramatizing	Exhausting	Framing
Applying	Broiling	Conflicting	Depicting	Drawing	Exhibiting	Freeing
Approaching	Browning	Conforming	Deploying	Dreading	Existing	Freezing
Arguing	Brushing	Confusing	Depositing	Dreaming	Expanding	Frightening
Arising	Building	Congratulating	Depriving	Dressing	Expecting	Fulfilling
Arranging	Bumping	Connecting	Descending	Drifting	Experiencing	Functioning
Arriving	Bursting	Considering	Describing	Drilling	Experimenting	Furnishing
Asking	Burying	Consisting	Deserting	Drinking	Explaining	Gaining
Asserting	Buzzing	Consoling	Deserving	Driving	Exploding	Gathering
Assessing	Calculating	Constructing	Designing	Dropping	Exploring	Gazing
Assigning	Calling	Consulting	Desiring	Drowning	Exporting	Generating
Assisting	Camping	Consuming	Despairing	Drying	Exposing	Gesticulating
Assuming	Canceling	Contacting	Destroying	Dusting	Expressing	Glancing
Assuring	Caring	Containing	Detaching	Dwelling	Extending	Gliding
Attaching	Carrying	Contemplating	Detecting	Dying	Exterminating	Glowing
Attacking	Carving	Continuing	Determining	Earning	Extracting	Gluing
Attempting	Catching	Contracting	Detesting	Eating	Fabricating	Gnawing
Attending	Causing	Controlling	Developing	Editing	Facilitating	Goading
Attracting	Celebrating	Converging	Devising	Educating	Facing	Governing
Auditing	Challenging	Converting	Diagnosing	Eliminating	Fading	Grabbing
Avoiding	Changing	Convincing	Dialing	Eluding	Failing	Grading
Awaiting	Charging	Cooking	Dictating	Embarking	Fainting	Grasping
Awarding	Chasing	Cooling	Differing	Embarrassing	Falling	Grazing
Backing	Chatting	Cooperating	Digging	Embedding	Fascinating	Greeting
Baking	Checking	Coordinating	Diminishing	Embracing	Fashioning	Grinding
Balancing	Cheering	Coping	Dining	Emerging	Fastening	Grinning
Banning	Chewing	Copying	Dipping	Emphasizing	Feasting	Gripping
Bargaining	Chilling	Correcting	Directing	Employing	Feeling	Groaning
Barking	Chopping	Corresponding	Disappearing	Empowering	Fencing	Groveling
Bathing	Choosing	Costing	Disapproving	Enabling	Fetching	Growing
Battling	Chuckling	Counting	Disarming	Enacting	Fighting	Growling
Beaming	Circling	Covering	Disassembling	Enchanting	Filing	Guarding
Bearing	Claiming	Cracking	Discerning	Encoding	Filling	Guessing
Beating	Clapping	Crafting	Discipling	Encouraging	Filming	Guiding
Becoming	Clarifying	Crawling	Disclaiming	Endangering	Filtering	Gulping
Begging	Classifying	Creating	Disclosing	Ending	Finalizing	Gushing
Beginning	Cleaning	Crossing	Discontinuing	Endorsing	Finding	Gusting
Behaving	Clearing	Crowding	Discovering	Enduring	Finishing	Hacking
Believing	Climbing	Crushing	Discussing	Enforcing	Fishing	Hailing
Belonging	Clinging	Crying	Disguising	Engaging	Fitting	Halting
Bending	Closing	Cultivating	Disliking	Enhancing	Fixing	Hammering
Benefiting	Clustering	Curving	Dismantling	Enjoying	Flapping	Handering
Bidding	Coaching	Damaging	Dismissing	Enlarging	Flashing	Handling
Binding	Coating	Dancing	Dispensing	Enlightening	Fleeing	Hanging
Biting	Coding	Daring	Displaying	Enlisting	Flexing	Happening
Bleeding	Collecting	Dashing	Displeasing	Enquiring	Flickering	Harassing
Blessing	Colliding	Dealing	Disposing	Enrolling	Flinging	Hardening
Blending	Coloring	Debating	Disputing	Ensuring	Flipping	Harming
Blossoming	Combining	Decaying	Disqualifying	Entering	Floating	Harmonizing
Blowing	Comforting	Deciding	Disregarding	Entertaining	Flooding	Harnessing

## -ING examples

Harvesting	Inclining	Jutting	Magnifying	Murdering	Overriding	Picnicking
Hastening	Including	Keeping	Maintaining	Murmuring	Overruling	Piercing
Hatching	Incorporating	Kicking	Majoring	Musing	Overshadowing	Pilfering
Hauling	Increasing	Killing	Making	Mutating	Overseeing	Pillaging
Haunting	Indicating	Kindling	Managing	Muttering	Oversimplifying	Piloting
Having	Indicting	Kneading	Manipulating	Muting	Overstating	Pinching
Heading	Inducing	Kneeling	Mapping	Muzzling	Overstepping	Pining
Healing	Indulging	Knitting	Marching	Nailing	Overstocking	Pinning
Heaping	Infecting	Knocking	Marketing	Naming	Overthrowing	Pioneering
Hearing	Inferring	Knotting	Marring	Napping	Overturning	Piping
Heating	Inflicting	Knowing	Marrying	Narrating	Overusing	Pirating
Heaving	Informing	Labeling	Masking	Narrowing	Overviewing	Pitching
Hedging	Infusing	Laboring	Massaging	Nesting	Overwhelming	Pivoting
Heightening	Inhabiting	Lacing	Mastering	Nestling	Owing	Placing
Helping	Inhaling	Lacking	Matching	Netting	Owning	Planning
Hesitating	Inheriting	Lamenting	Mating	Networking	Packaging	Planting
Hiding	Inhibiting	Landing	Mattering	Neutralizing	Padding	Playing
Highlighting	Initializing	Lapping	Maturing	Nibbling	Paddling	Pleading
Hiking	Initiating	Lashing	Maximizing	Nodding	Paging	Pledging
Hindering	Injuring	Latching	Meaning	Nominating	Painting	Plodding
Hinting	Inquiring	Laughing	Meandering	Nosing	Pairing	Plopping
Hiring	Inscribing	Launching	Measuring	Noticing	Paling	Plotting
Hissing	Inserting	Laundersing	Meddling	Noting	Pampering	Plowing
Hitching	Insisting	Lavishing	Mediating	Nourishing	Panicking	Plucking
Hitting	Inspecting	Laying	Meeting	Nudging	Panting	Plugging
Hoarding	Inspiring	Leading	Melting	Nullifying	Parachuting	Plumbing
Holding	Installing	Leaking	Memorizing	Numbering	Parading	Plummeting
Hollering	Instigating	Leaning	Mending	Numbing	Paraphrasing	Plundering
Honing	Instilling	Leaping	Mentioning	Nursing	Pardoning	Plunging
Honoring	Instructing	Learning	Merging	Nurturing	Partaking	Plunking
Hooking	Insulating	Leasing	Messaging	Obedient	Partnering	Pluralizing
Hoping	Insuring	Leaving	Milking	Objecting	Passing	Plunging
Horrrifying	Intending	Lecturing	Mimicking	Obliging	Pasting	Plying
Hovering	Intensifying	Lending	Minimizing	Observing	Patching	Pointing
Howling	Interacting	Lengthening	Mirroring	Obstructing	Patenting	Poisoning
Hugging	Interceding	Lessening	Misleading	Obtaining	Pausing	Polarizing
Humming	Intercepting	Levelling	Misplacing	Occupying	Paving	Polishing
Humoring	Interesting	Leveraging	Missing	Occurring	Pawing	Polling
Hunting	Interfering	Levitating	Mistaking	Offending	Paying	Polluting
Hurling	Interjecting	Liberating	Mitigating	Offering	Pecking	Pondering
Hurrying	Intermingling	Licking	Mixing	Offloading	Pedaling	Pontificating
Hurtling	Interning	Lifting	Moaning	Omitting	Peddling	Pooling
Hushing	Interpreting	Lighting	Mobilizing	Opening	Peeking	Popping
Hustling	Interrupting	Likening	Mocking	Operating	Peeling	Popularizing
Hypothesizing	Intervening	Limiting	Modeling	Opposing	Peeping	Populating
Identifying	Interviewing	Lingering	Moderating	Optimizing	Peering	Poring
Idolizing	Interweaving	Linking	Modernizing	Ordering	Penciling	Portending
Igniting	Intimidating	Listening	Modifying	Organizing	Perceiving	Portraying
Ignoring	Introducing	Listing	Moistening	Originating	Perching	Posing
Illuminating	Inventing	Lobbing	Moisturizing	Outbidding	Performing	Positioning
Illustrating	Investigating	Locking	Monitoring	Outdoing	Perishing	Possessing
Imagining	Inviting	Lodging	Monopolizing	Outfitting	Perjuring	Posting
Imitating	Involving	Logging	Motioning	Outgrowing	Permeating	Postponing
Immersing	Ironing	Longing	Motivating	Outlining	Permitting	Potting
Immigrating	Irritating	Looking	Molding	Outpacing	Perpetuating	Pouncing
Impacting	Issuing	Looming	Molting	Outperforming	Perplexing	Pouring
Impairing	Iterating	Loosening	Monitoring	Outraging	Persevering	Pouting
Imparting	Jabbing	Losing	Moping	Outsourcing	Persisting	Powdering
Impeaching	Jamming	Lounging	Morphing	Outweighing	Perspiring	Powering
Impeding	Jeopardizing	Loving	Mortifying	Overcoming	Persuading	Practicing
Impelling	Jogging	Lugging	Motioning	Overdoing	Perusing	Praising
Imploring	Joining	Lumbering	Motoring	Overflowing	Pesky	Praying
Imposing	Jolting	Lumping	Mounting	Overhauling	Pestering	Preaching
Impressing	Jostling	Lunging	Mourning	Overhearing	Petitioning	Preceding
Imprinting	Judging	Luring	Moving	Overlapping	Petting	Precluding
Imprisoning	Juggling	Lurking	Mowing	Overloading	Phoning	Predicting
Improving	Jumping	Luxuriating	Mumbling	Overlooking	Photographing	Preferring
Improvising	Justifying	Lying	Munching	Overpowering	Picking	Preparing

## -ING examples

Prescribing	Quarreling	Recounting	Repelling	Rewiring	Scorching	Showcasing
Preserving	Quartering	Recreating	Repenting	Reworking	Scoring	Showering
Presiding	Quavering	Recruiting	Replacing	Rewriting	Scouring	Shrinking
Pressing	Quelling	Rectifying	Replicating	Rhyming	Scouting	Shrouding
Presuming	Quenching	Recuperating	Replenishing	Ridding	Scowling	Shrugging
Pretending	Questioning	Redeeming	Replying	Riding	Scrambling	Shuffling
Prevailing	Quibbling	Redefining	Reporting	Rigging	Scrapping	Shunning
Preventing	Quieting	Redirecting	Repositioning	Righting	Scratching	Shushing
Preying	Quilting	Redoubling	Repossessing	Ringing	Screaming	Shuttering
Pricing	Quipping	Reducing	Reprinting	Rinsing	Screening	Sifting
Pricking	Quitting	Referencing	Reproaching	Ripening	Screwing	Signing
Priding	Quizzing	Refilling	Reproving	Ripping	Scribbling	Signaling
Priming	Quoting	Reflecting	Repulsing	Rising	Scrimping	Signifying
Printing	Racing	Refocusing	Repurposing	Risking	Scrutinizing	Silencing
Prioritizing	Radiating	Reforming	Requesting	Riveting	Scuffling	Simmering
Probing	Raffling	Refraining	Requiring	Roaming	Sculpting	Simplifying
Proceeding	Raging	Refreshing	Requisitioning	Roaring	Scuttling	Simulating
Processing	Raiding	Refrigerating	Rereading	Roasting	Sealing	Singing
Proclaiming	Railing	Refueling	Rerouting	Robbing	Searching	Sinking
Procrastinating	Raining	Refurbishing	Rescheduling	Rocking	Seasoning	Sipping
Producing	Raising	Refusing	Rescuing	Rolling	Seating	Sizing
Professing	Raking	Refuting	Researching	Roosting	Seceding	Sizzling
Programming	Rambling	Regarding	Reselling	Rooting	Secending	Skating
Progressing	Ramming	Regarding	Resembling	Roping	Secreting	Skewing
Prohibiting	Rampaging	Regenerating	Resenting	Rotating	Securing	Skidding
Projecting	Ranching	Registering	Reserving	Roughening	Sedating	Skimming
Prolonging	Randomizing	Regressing	Resetting	Rounding	Seeing	Skipping
Promising	Rangling	Regretting	Reshaping	Rousing	Seeking	Skirting
Promoting	Ranking	Regrouping	Residing	Rowing	Seeming	Skulking
Prompting	Ransacking	Regulating	Resigning	Rubbing	Seeping	Skyrocketing
Proofreading	Ransoming	Regurgitating	Resisting	Ruining	Segregating	Slacking
Proposing	Ranting	Rehabilitating	Resolving	Ruling	Segueing	Slamming
Propelling	Rapping	Rehearsing	Resonating	Ruminating	Seizing	Slanting
Propping	Raring	Reigniting	Resorting	Running	Selecting	Slapping
Proroguing	Rasping	Reimbursing	Resounding	Rushing	Selling	Slashing
Prosecuting	Ratcheting	Reining	Respecting	Rustling	Sending	Slaughtering
Prospecting	Rating	Reiterating	Responding	Sabotaging	Sentencing	Slaying
Protesting	Ratifying	Rejecting	Resting	Sacrificing	Separating	Sledding
Protruding	Rationing	Rejoicing	Restoring	Saddling	Sequencing	Slicing
Providing	Rattling	Rejuvenating	Restraining	Safeguarding	Sequestering	Sliding
Provoking	Ravaging	Relating	Restructuring	Sagging	Setting	Slipping
Prowling	Raving	Relaxing	Resuming	Sailing	Settling	Slithering
Pruning	Reaching	Releasing	Retaining	Saling	Severing	Slogging
Prying	Reacting	Relenting	Retaliating	Salting	Sewing	Slopping
Publicizing	Reading	Relinquishing	Retelling	Salvaging	Shackling	Sloshing
Puckering	Realizing	Relishing	Retiring	Sampling	Shadowing	Slouching
Puffing	Reaping	Reliving	Retorting	Sanctioning	Shaking	Slowing
Pulling	Reappearing	Relocating	Retouching	Sanding	Shampooing	Slugging
Pulsating	Reassigning	Relying	Retracting	Sashaying	Shaping	Slumping
Pummeling	Reassembling	Remaining	Retraining	Satiating	Sharpening	Slurping
Pumping	Reassessing	Remarking	Retreating	Satisfying	Shattering	Smacking
Punching	Reassuring	Remediating	Retrieving	Saturating	Shearing	Smalling
Punctuating	Rebelling	Remembering	Retrofitting	Sauntering	Shedding	Smarting
Puncturing	Rebuilding	Reminding	Returning	Saving	Shepherding	Smashing
Purging	Rebuking	Reminiscing	Reuniting	Savoring	Shielding	Smearing
Purifying	Recalling	Remodeling	Reusing	Sawing	Shifting	Smelling
Purring	Receiving	Removing	Revealing	Saying	Shimmering	Smiling
Pursing	Recharging	Rendering	Revering	Scaling	Shinning	Smirking
Pursuing	Reciting	Renegotiating	Reversing	Scampering	Shipping	Smoldering
Pushing	Reckoning	Renewing	Reviewing	Scanning	Shirking	Smoothing
Putting	Reclaiming	Renouncing	Reviling	Scanting	Shivering	Smothering
Puzzling	Recognizing	Renovating	Revising	Scarring	Shocking	Smudging
Quacking	Recommending	Renting	Revitalizing	Scattering	Shooting	Smuggling
Quaffing	Reconciling	Reorganizing	Reviving	Scheduling	Shopping	Snacking
Quailing	Reconfiguring	Repackaging	Revoking	Scheming	Shortening	Snagging
Quaking	Reconnecting	Repairing	Revolving	Schmoozing	Shouldering	Snapping
Qualifying	Reconsidering	Repealing	Revolutionizing	Schooling	Shouting	Snaring
Quantifying	Reconstructing	Repeating	Rewarding	Scolding	Shoveling	Snarling

## -ING examples

Sneaking	Sprawling	Stopping	Surveying	Thinning	Translating	Unrolling
Sneering	Spraying	Storing	Surviving	Thinking	Transpiring	Unscrambling
Sniffing	Spreading	Storming	Suspending	Thirsting	Transporting	Unscrewing
Sniping	Springing	Storytelling	Suspecting	Thrashing	Trapping	Unsnarling
Snipping	Sprinkling	Straddling	Suspending	Threading	Trashing	Unsticking
Sniveling	Sprinting	Straggling	Sustaining	Threatening	Traumatizing	Unstopping
Snorkeling	Squandering	Straightening	Swabbing	Threshing	Treading	Untangling
Snorting	Squashing	Straining	Swaddling	Thriving	Treasuring	Untethering
Snubbing	Squatting	Stranding	Swaggering	Throbbing	Treating	Unveiling
Snuffing	Squeaking	Strangling	Swallowing	Throttling	Trembling	Unwrapping
Snuggling	Squealing	Strapping	Swamping	Throwing	Trespassing	Unzipping
Soaking	Squeezing	Straying	Swapping	Thrumming	Tricking	Updating
Soaring	Squinting	Streaking	Swarming	Thrusting	Trickling	Upgrading
Sobering	Squirring	Streaming	Sweating	Thudding	Trifling	Upholding
Socializing	Squirring	Streamlining	Sweeping	Thumbing	Triggering	Uplifting
Softening	Stabbing	Strengthening	Sweetening	Thumping	Trimming	Upsetting
Sojourning	Stabilizing	Stressing	Swelling	Thundering	Trilling	Urging
Solacing	Stacking	Stretching	Swerving	Thwarting	Tripping	Ushering
Soliciting	Staggering	Striking	Swimming	Tickling	Triumphing	Using
Solving	Stagnating	Stringing	Swindling	Tiding	Trodding	Utilizing
Somersaulting	Staining	Stripping	Swinging	Tightening	Trolling	Uttering
Soothing	Stalking	Striving	Swirling	Tiling	Tromping	Vacating
Sorting	Stalling	Stroking	Swishing	Tilling	Trotting	Vacuating
Sounding	Stammering	Structuring	Switching	Tilting	Troubling	Valuing
Souping	Stampeding	Struggling	Swooning	Timing	Trudging	Vandalizing
Sourcing	Stamping	Strumming	Swooping	Tinkering	Trumpeting	Vaporizing
Spacing	Stanching	Strutting	Swooshing	Tinting	Trusting	Vaulting
Spanning	Standing	Stubbing	Tabling	Tipping	Trying	Veering
Sparkling	Standardizing	Studying	Tackling	Tiring	Tugging	Venturing
Sparkling	Stapling	Stuffing	Tagging	Toasting	Tumbling	Verifying
Spattering	Starring	Stumbling	Tailing	Toiling	Tuning	Vibrating
Spawning	Starting	Stumping	Taking	Tolerating	Tunneling	Vindicating
Speaking	Starving	Stunning	Talking	Tolling	Turning	Visiting
Spearing	Stashing	Stunting	Tallying	Toppling	Tussling	Visualizing
Specializing	Stating	Stuttering	Taming	Tormenting	Tutoring	Vocalizing
Specifying	Staving	Styling	Tangling	Torpedoing	Twanging	Voicing
Spectating	Staying	Subbing	Tantalizing	Torturing	Tweaking	Volleying
Speculating	Steadying	Subduing	Tapering	Tossing	Tweeting	Volunteering
Speeding	Stealing	Subjecting	Tapping	Totaling	Twirling	Vomiting
Spelling	Steaming	Submerging	Tasting	Tottering	Twisting	Vowing
Spending	Steeling	Submitting	Tattling	Touching	Twitching	Voyaging
Spicing	Steering	Subscribing	Taxing	Toughening	Typing	Waffling
Spiking	Stemming	Substituting	Teaching	Touring	Uncapping	Wafting
Spilling	Stenciling	Subtracting	Teaming	Toweling	Unclogging	Wagging
Spinning	Stepping	Succeeding	Tearing	Towering	Uncoiling	Wagering
Spiraling	Sterilizing	Suffering	Teasing	Towing	Uncovering	Wailing
Spiriting	Sticking	Sufficing	Teetering	Toying	Uncrossing	Waiting
Splashing	Stiffening	Suffocating	Telling	Tracing	Undermining	Waking
Splattering	Stifling	Suggesting	Tempering	Tracking	Undertaking	Walking
Splicing	Stimulating	Suiting	Tempting	Trading	Undoing	Wallowing
Splinting	Stinging	Sulking	Tending	Traveling	Unfastening	Wandering
Splitting	Stinking	Summarizing	Tensing	Trailblazing	Unhooking	Waning
Spoiling	Stinting	Summoning	Tenting	Trailing	Unifying	Watching
Spongeing	Stipulating	Supervising	Terminating	Training	Uniting	Wearing
Sponsoring	Stirring	Supplementing	Terrifying	Traipsing	Unlatching	Winning
Spooking	Stitching	Supplying	Testifying	Trampling	Unleashing	Wondering
Spooning	Stocking	Supporting	Testing	Transcribing	Unloading	Worrying
Sporting	Stockpiling	Suppressing	Tethering	Transferring	Unlocking	Writing
Spotting	Stomaching	Surfacing	Thawing	Transforming	Unpacking	
Spouting	Stomping	Surpassing	Theorizing	Transforming	Unplugging	
Spraining	Stonewalling	Surrendering	Thickening	Transgressing	Unraveling	